

# SQUARE DANCE LESSON

- Objectives:**
1. Develop appropriate socialization skills
  2. Increase their sense of rhythm.
  3. Develop an understanding of the courtesies and cooperation involved in all phases of dance.
  4. To get fun and enjoyment out of square dance

## Standards

B1: demonstrate progress toward the mature form of all locomotor (movement) patterns and selected manipulative and nonlocomotor skills such as throwing, catching, and kicking.

B4: apply combined movement skills in a variety of settings such as developing and refining a dance sequence into repeatable patterns.

D1: experience positive feelings as a result of involvement in physical activity

D2: learn to enjoy practicing activities to increase skill competence

## Records

A-Get Ready TO Square Dance

B-Basic Square Dance

C-Beginning Square Dance

D-More Beginning Square Dance

E-Honor Your Partner 1

F-Honor Your Partner 2

## 3<sup>rd</sup> Grade

**SHOO FLY** *Get Ready To Square Dance side1 band 4*

4 steps in, 4 steps out

4 steps in, 4 steps out

Right elbow swing

Left elbow swing

Note: add switch ( go to corner on left elbow swing )

**IRISH WASHERWOMAN** *Get Ready To Square Dance side1 band 5*

Stomp 4, clap 4 ( 4 X )

Promenade

Honors

Repeat

**HINKEY DINKEY PARELZ-VOUS** *Get Ready To Square Dance side 2 band 2*

Head couple fwd and back 4

Head couple Do-Sa-Do

All promenade

Side couple fwd and back 4

Side couple Do-Sa-Do

All promenade

**COMIN ROUND THE MOUNTAIN** *Get Ready to Square Dance side 2 band 1*

Head couple forward 4, back 4

Side couple forward 4, back 4

Swing corner left elbow

Swing partner right elbow

Repeat

**TURKEY IN THE STRAW** *Get Ready to Square Dance side 1 band 3*

Stomp & Clap 16 cts

Swing partner up and down

All circle left and right

Repeat

**TIE A YELLOW RIBBON** *Get Ready to Square Dance side 2 band 5*

Circle left  
Swing partner right elbow  
Do-Sa-Do corner  
Promenade partner  
Circle right  
Swing partner right elbow  
Swing corner left elbow  
Promenade partner  
Circle left  
Swing partner right elbow  
Allemande left corner  
Promenade

**CAPTAIN JINKS** *Get Ready to Square Dance side 2 band 3*

Honors  
Do-Sa-Do corner  
Do-Sa-Do partner  
Allemande left corner  
Allemande right partner  
Boys right hand star, left hand star  
Girls right hand star, left hand star  
Repeat

**VIRGINIA REEL**

Forward and back 2X  
Right elbow swing  
Left elbow swing  
Two hand swing  
Do-Sa-Do  
Head couple sashay  
Elbow reel ( when used )  
Cast off and pass through arch

**TAKE A LITTLE PEEK** *Basic Square Dance side 1 band 5*

Swing up and down  
Promenade  
Couple 1 to cpl 2 --- Take a peek, swing right and left  
Peek again, both couples swing up & down  
Repeat action at couples 3 & 4  
Couple 2, 3, & 4 repeat action  
**End-** Grand right and left

**GIRLS TO THE CENTER** *Basic Square Dance side 1 band 4*

Circle left and right  
Grand right and left  
Swing right and left  
Girls to center back to back  
Boys walk *past* partner and swing next girl  
(Always go *past* previous and swing the next)  
Repeat with the boys to the center  
**End**—Grand right and left and swing partner

**4<sup>TH</sup> GRADE page 1**

**TURKEY IN THE STRAW Get Ready to Square Dance side 1 band 3**

Stomp & Clap 16 cts

Swing partner up and down

All circle left and right

**HEADS AND SIDES Honor Your Partner 1 side1 band 2**

**(Intro)** Honors, circle left and right

Head couples forward and back

Head couples circle left and right (4 & 4)

Do-Sa-Do corner

Swing partner and promenade

**(chorus)** circle left, right, Do-Sa-Do corner and partner

Side couples repeat action

**(ending)** Same as chorus

**TWO HEAD LADIES CROSS OVER Honor Your Partner 1 side 2 band 5**

**(Intro)** Honors, swing corner and partner, promenade

Two head ladies cross over

Two side ladies cross over

All into center and back

Honor partner, swing corner, keep corner and promenade to boys home

**(ending)** Circle right and left, all into center and back 2X

Do-Sa-Do corner and partner, promenade

**TAKE A LITTLE PEEK Basic Square Dance side 1 band 5**

Swing up and down

Promenade

Couple 1 to cpl 2 --- Take a peek, swing right and left

Peek again, both couples swing up & down

Repeat action at couples 3 & 4

Couple 2, 3, & 4 repeat action

**(End)** - Grand right and left

**HINKEY DINKEY PARELZ-VOUS Basic Square Dance side 2 band 1**

**(Intro)** circle left and right, Grand right and left

Head girls forward and back

Head girls D0-Sa-D0

All Do-Sa-D0 corner and partner

Swing partner and promenade

Side girls repeat

**(chorus)** Grand right and left

Head boys repeat

Side boys repeat

**(Ending)** circle left and right, Grand right and left

**VIRGINIA REEL More Beginning Square Dance side 2 band 3**

Forward and back 2X

Right elbow swing

Left elbow swing

Two hand swing

D0-Sa-Do

Head couple sashay

Elbow reel ( when used )

Cast off and pass through arch



**HEADS AND SIDES** *Honor Your Partner* **side 1 band 3**

**( Intro )** Honors, circle left and right

Head couples forward and back

Head couples circle left and right

Do-Sa-Do your corner

Swing partner

Promenade

**( Chorus )** circle left and right, Do-Sa-Do corner and partner

Side couples repeat

**( Ending )** Same as chorus

**DO-SA-DO AND SWING** *Honor Your Partner and Swing* **side 2 band 2**

**( Intro )** Honors, swing partner, promenade

Couple to cpl 2 –circle left once, Do-Sa-Do opposite, swing opposite right and left elbow

Both couples swing

Repeat action with couples 3 & 4

**( Chorus )** Circle left and right, all into center **2X**

Second couple repeats actions

**( Ending )** Do-Sa-Do corner and partner, promenade

( note; play record again for couples 3 & 4 )

**AROUND THE OUTSIDE AND SWING** *Honor Your Partner 1* **side 2 band 4**

**( Intro )** Honors, swing corner and partner, promenade

Couple 1 back to back, go around outside and swing right and left by cpl 3

Continue same direction, pass partner , all swing corners up and down, boys keep corner and promenade all around square.

Repeat with new partner

**( chorus )** circle left and right, all into center **2X**

Second boy does dance

**( Ending )**

**TWO HEAD LADIES CROSS OVER** *Honor Your Partner 1* **side 2 band 5**

**(Intro)** Honors, swing corner and partner, promenade

Two head ladies cross over

Two side ladies cross over

All into center and back

Honor partner, swing corner, keep corner and promenade to boys home

**(ending)** Circle right and left, all into center and back **2X**

Do-Sa-Do corner and partner, promenade

**HINKEY DINKEY PARELZ-VOUS** *Basic Square Dance* **side 2 band 1**

**(Intro)** circle left and right, Grand right and left

Head girls forward and back

Head girls Do-Sa-Do

All Do-Sa-Do corner and partner

Swing partner and promenade

Side girls repeat

**(chorus)** Grand right and left

Head boys repeat

Side boys repeat

**(Ending)** circle left and right, Grand right and left

**DIVIDE THE RING** *Basic Square Dance* **side 2 band 2**

**( Intro )** honors, Grand right and left

couple 1 bow and swing, cut 6 (go between cpl 3, girl to right and boy to the left, swing at home)

Couple 1 cut 4 (go around couples 2 & 4, swing at home)

Couple 1 cut 2 (go between couples 2 & 4)

All swing partner and promenade

Couple 2 repeat action

**(chorus)** Do-Sa-D0 corner and partner, grand right and left

Couple 3 & 4 repeat action

**(Ending)** D0-Sa-D0 corner and partner, grand right and left, swing partner up and down

**VIRGINIA REEL** *More Beginning Square Dance* **side 2 band 3**

Forward and back 2X

Right elbow swing

Left elbow swing

Two hand swing

D0-Sa-Do

Head couple sashay

Elbow reel ( when used )

Cast off and pass through arch

**LIFE ON THE OCEAN WAVE** *Beginning Square Dance* **side 1 band 2**

**( Intro )** Circle left and right (16CT) Allemande left to corner---Grand right and left

Head boys cross over

Side boys cross over

Honors, swing corners, promenade with them to boys home

Repeat ( note; side boys start the third and fourth time)

**(Ending)** Allemande left to corner, Grand right and left

**SWING AT THE WALL** *Beginning Square Dance* **side 1 band 3**

**(Intro)** Allemande left , grand right and left

Couple 1 to cpl 2, swing at the wall, swing 4 at the center

Visit all couples

**(chorus)** Swing and promenade, allemande left, grand right and left

Couples 3 & 4 repeat actions

**(Ending)** Same as the chorus

**UPTOWN AND DOWNTOWN** *Beginning Square Dance* **side 2 band 1**

**(Intro)** circle left and right, swing partner up and down

Couple 1 to cpl 3, join hands, bring them home with you (downtown)

Go back to couple threes home, pass between them, separate and meet at home with right elbow swing

All swing corner up and down, keep as partner , promenade all around square

Repeat with first boy and new partner

Repeat action with couple 2

**(Ending)** Allemande left, grand right and left

NOTE : Play record second time for couples 3 & 4

**FORM AN ARCH** *Beginning Square Dance* **side 1 band 5**

**(Intro)** Circle left and right 16 cts, Allemande left, grand right and left

Head couples forward and back

Walk forward again and form an arch

Side ladies cross under arch

All swing opposite lady (swing them to boys home)

All promenade

Repeat action

**(Chorus)** Allemande left, grand right and left

Side couples repeat action

**(Ending)** Allemande left, grand right and left

**COMING AROUND THE MOUNTAIN** *More Beginning Square Dance* **side 2 band 1**

**( Intro )** circle left and right, allemande left, grand right and left

Head couples ladies chain, side couples swing

Side couples ladies chain, head couples swing

Allemande left corner, allemande right partner

Boys go all the way around partner to next girl on the right, swing and promenade back to boys home

Repeat actions

**( Ending )** allemande left, grand right and left

**RIGHT HAND STAR** *More Beginning Square Dance* **side 1 band 2**

**( Intro )** circle left and right

Head couples go to **right** to form right and left hand star

All swing partner

Meet in the middle form right and left hand stars

All swing partners

Head couples go to left to form right and left hand stars

All swing partners home

**( chorus )** allemande left, grand right and left

Side couples go to right , middle, and left forming right and left hand stars

**( Ending )** allemande left, grand right and left